

Spiritual Vitamin N

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I. Introduction.

A. Christians need spiritual “vitamins” for vitality of faith.

B. We have the spiritual vitamin of being a new creature. (2 Corinthians 5)

II. We cannot succeed against sin with our own efforts (the flesh).

III. God has made us new creatures. We can be what we have become when we realize this.

IV. When Jesus has moved into our lives he changes our emotions. (Revelation 21:5, 2 Peter 3)

V. God makes us a new creature for a new purpose: to make manifest the life of Christ in our bodies. (2 Corinthians 4:10-11)

VI. All the vitamins. (Colossians 3)

Application questions:

1. What does it mean to be a new creature according to 2 Corinthians 5?

2. How would you respond to someone who says that they cannot change the way they feel?

3. How do we appropriate the power of being a new creature? Explain.
