

I. Introduction

- 2 Tim 3:16 All scripture is inspired by God and is profitable for teaching, for reproof, for correction, for training in righteousness.
- We will apply Scripture's model for training in righteousness to the area of Personal Purity.

II. Teaching - God's DESIRED Will is for His Disciple to be Sanctified and Pure.

1. Holiness

- Lev 11:45 _____
- holy: qadowsh (kaw-doshe'); or qadosh (kaw-doshe'); sacred (ceremonially or morally); (as noun) God (by eminence), an angel, a saint, a sanctuary: KJV - holy (One), saint.

2. 1 Peter 1:14-16 _____

- HOLY: **hagios** (hag'-ee-os); sacred (physically, pure, morally blameless or religious, ceremonially, consecrated): KJV - (most) holy (one, thing), saint.

3. 1 Thess 4:3-7 _____

- Sanctification: **hagiasmos** (hag-ee-as-mos'); purification, separated for the purpose of purity; a purifier: KJV - holiness, sanctification.

4. 2 Cor 6:16-18 _____

- Be Separate**: aphorizo (af-or-id'-zo); to set off by boundary, i.e. (figuratively) limit, exclude, appoint, etc.: KJV - divide, separate, sever.

5. 2 Cor 7:1 _____

- holiness: **hagiosune** (hag-ee-o-soo'-nay); sacredness: KJV - holiness.
- God gives us His Resources but **OUR RESPONSIBILITY** is to **CLEANSE OURSELVES**.

6. God's standard for His disciple is His holiness (hagios)

- This is an attainable standard or God would not command it.
- Holiness is my response to His mercies to me. (His mercy is my motivation)

1. Rom 12:1 _____

III. Reproof - Conviction of wrong-doing, to prove wrong, criticism for a fault - Gently or with kindly intent.

- Reproof: **elegmos** (el-eng-mos'); found only in 2 Tim 3:16: conviction (of a sinner), punishment, refutation of error, reproof.
- 2 Tim 4:2 preach the word; be ready in season and out of season; **reprove**, rebuke, exhort, with great patience and instruction. NASU

- Reprove: **elegcho** (el-eng'-kho); to admonish to prove conclusively: KJV - convict, convince, tell a fault, rebuke.

3. *Work: 5-Minute communion with God*

- Pray Ps 139:23-24 Search me, O God, and know my heart; try me and know my anxious thoughts; and see if there be any hurtful way in me, and lead me in the everlasting way. NASU*

- Ask God to reveal any hurtful way in you and convict you of any sin in this area.*

IV. Correction - Straitening up again, rectification, to make right

1. epanorthosis (ep-an-or'-tho-sis); a straightening up again, i.e. (figuratively) rectification (reformation)
2. Confess your sin to God and to another man. (Agree with God or acknowledge your sin)

A. Confess: exomologeō (ex-om-ol-og-eh'-o); to acknowledge or (by implication of assent) agree fully: KJV - confess, profess, promise.

B. 1 John 1:9 _____

C. Prov 28:13 _____

D. James 5:16 _____

3. Repent and turn away from your sin.

A. Acts 3:19 _____

1. Repent: metanoēō (met-an-o-eh'-o); to think differently or afterwards, i.e. reconsider (morally, feel compunction): KJV - repent.

2. Return: epistrephō (ep-ee-stref'-o); to revert (to turn around): KJV - come (go) again, convert, (re-) turn about, again.

B. Prov 29:1 _____

C. Joel 2:12-13 _____

D. Ps 51:1-10 _____

4. *Work: 10-Minute confession & repentance (Pairs - 5-minutes each)* _____

V. Training in Righteous - Disciplinary correction, Instruction to Christian Justification

1. paideia (pahee-di'-ah); tutorage, i.e. education or training; by implication, disciplinary correction: KJV - chastening, chastisement, instruction, nurture.

2. Warnings from Scripture

A. Gen 4:7 _____

B. Job 4:8-9 _____

C. Prov 4:23 _____

D. Proverb 5 _____

E. Prov 6:23-29 _____

F. Proverb 7 _____

3. Obedience - How am I going to apply this in my life?

A. LOVE YOUR LORD!

1. Mark 12:30 _____

2. John 14:21 _____

a. Love: agapao (ag-ap-ah'-o); to love (in a social or moral sense, sacrificial)

b. Love is not a feeling. It is an action verb. We demonstrate our love for God through our obedience to Him. Just as He demonstrated His love for us through His obedient sacrifice on the cross.

B. RECOGNIZE TEMPTATION AND PREPARE FOR IT!

1. *"Temptation isn't a sin; it is a call to battle. Opportunity knocks once, but temptation leans on the doorbell."*

2. 1 Cor 10:12-13 _____

a. Remember: God is always there for you when you are tempted ... not passively watching but actively intervening.

3. *Make wise choices in advance. We must predetermine the path of purity and integrity. "The narrow way is never hit upon by chance. Neither will a heedless man ever live a holy life."*

4. *Don't choose to live on the edge - allowing yourself to be in the wrong places at the wrong times. Make wise choices.*

C. Find another disciple to watch your back and you his! (Michael McLemore)

1. Proverbs 27:17 _____

2. James 5:16 _____

D. Prevent your PC from leading you astray!

1. Job 31:1 _____

2. Get X3Watch or X3WatchPro for ALL PCs that you use. www.x3watch.com

3. Get other software or join an internet service that blocks bad websites.

E. FLEE IMMORALITY: End - Immediately - every inappropriate relationship in your life (whether online or real). Run away when temptation comes.

1. **IF YOU ARE IN AN AFFAIR, CALL HER TODAY - FROM THIS CONFERENCE AND END IT.**

2. JOSEPH - PURITY HERO: Gen 39:7-12 _____

3. 1 Peter 2:9-11 _____

4. 1 Cor 6:18-20 _____

F. LOVE YOUR WIFE! She is there to satisfy you and you, her.

1. Prov 18:22 _____
2. 1 Cor 7:2-5 _____

3. 1 Peter 3:7 _____

4. Go to bed the same time she goes to bed instead of surfing TV channels in the other room or surfing the web. (Leave the TV off).
 - a. *Couples without TVs in their bedrooms are sexually intimate 30% more often than couples that do have TVs in their bedrooms.*
5. *If husbands spent half the time serving and romancing their wives as they do online or pursuing other diversions, their wives would respond appropriately.*

G. Develop active, physical releases for your energy.

1. Join a fitness center and start exercising regularly. (most of us could use it) Run, jog, play sports, stay in shape. Get off the sofa and LIVE!
2. 1 Cor 9:27 _____
3. Rom 6:12-14 _____

4. Determine Your Temptability Quotient (TQ) - How do you feel:

A. Physically:	Tired	1	2	3	4	5	6	7	8	9	10	Energetic/Strong
B. Internally:	Down	1	2	3	4	5	6	7	8	9	10	Encouraged/Up
C. Mentally:	Discontent	1	2	3	4	5	6	7	8	9	10	Challenged/Content
D. Spiritually:	Empty	1	2	3	4	5	6	7	8	9	10	Growing/Full
E. Geographically:	Alone	1	2	3	4	5	6	7	8	9	10	Together/with others
F. Relationally:	Cold	1	2	3	4	5	6	7	8	9	10	Warm/Close
G. Emotionally:	Sad	1	2	3	4	5	6	7	8	9	10	Hopeful/Happy
H. Personally:	Insecure	1	2	3	4	5	6	7	8	9	10	Confident/Secure
I. Secretly:	Angry	1	2	3	4	5	6	7	8	9	10	Forgiving/Accepting
J. Deeply:	Hurt	1	2	3	4	5	6	7	8	9	10	Appreciated/Loved

K. TQ Score (add 'em up): _____

1. 90-100 Very Good, Praise God for His faithfulness
2. 80-89 Good, Stay in God's Word
3. 70-79 Fair - Be Careful, stay in God's Word, spend time with your wife
4. 60-69 Weak - be mindful of enemy attacks
5. 50-59 Danger - Get with your wife (for intimacy) or your warrior partner (for encouragement/protection) soon
6. < 50 Temptation Crisis - Do all of the above

5. Determine Your Temptation Pattern (TP)

A. Which DAY OF THE WEEK are you tempted to sin the most?

1. Mon Tue Wed Thu Fri Sat

B. What TIME OF DAY are you tempted to sin the most?

1. Morning Lunch Afternoon Supper Early Evening Late Evening

C. WHERE are you tempted to sin the most?

1. Work Home Someone Else's Home Store Someplace Else _____

D. WHO is nearby when you are tempted to sin the most?

1. Spouse Child Parent Boss Co-worker Male Friend Female Friend
Stranger Group Nobody

E. WHAT SIN(s) are you tempted to commit the most?

1. _____

F. HOW DO YOU FEEL (What is your TQ) right before committing the sin? _____

G. WHAT NEED does this sin promise to satisfy? _____

H. What alternate action will you take in order to BREAK THE PATTERN? _____

6. Develop and Practice "Holy Habits", which are the disciplines of our faith.

A. Have I made the decision to "be Holy as God is Holy"? _____

B. Am I meeting with God? _____ days each week

C. Am I spending time in prayer and worship? _____ days each week

D. Am I memorizing God's Word and hiding it in my heart? _____ verse(s) each week

E. Am I involved with other believers in a church body? _____ weeks each month

F. Am I involved in a small group Bible study? _____

G. Am I meeting with a discipleship mentor? _____

H. Am I accountable to another disciple? _____

I. Am I seeking to serve God in Ministry? _____ What ministry? _____

J. Am I praying for someone who doesn't know Jesus? Who? _____

7. *Work: 10-Minute repentance (Pairs - 5-minutes each)*

A. *Designate who will hold you accountable and give that man permission to ask how you are doing.*

1. _____

B. *State at least three specific changes you are going to make in your life to gain VICTORY and BE HOLY UNTO GOD and share them with the warrior listed above.*

1. _____

2. _____

3. _____

VI. Going Deeper On Your Own

1. Proverbs 7 - Alistair Begg: Truth for Life: Why Good People Do Bad Things 8/25-28/2006
2. Father to Son - Why do people have moral failure?
3. *They neglect God's Word.*
 - A. Verbs: keep, treasure, keep, bind, write God's Word/commandments.
4. *They fail to value the scriptures.* "Treasure my commandments within you."
5. *They do not review the Word of God.* "Write them on the tablet of your heart."
6. *They do not become familiar with it.* "Say to wisdom, 'You are my sister.' And call understanding your intimate friend."
 - A. Prov 27:7 A sated man loathes honey, but to a famished man any bitter thing is sweet.
7. *They fail to learn from the counsel of others.*
 - A. Prov 7:6-7: For at the window of my house I looked out through my lattice, And I saw among the naive, and discerned among the youths A young man lacking sense, NASU
8. *They fail to make wise choices in advance.* We must **predetermine the path of purity and integrity.**
 - A. "The narrow way is never hit upon by chance. Neither will a heedless man ever live a holy life."
9. *They choose to live on the edge - allowing themselves to be in the wrong places at the wrong times. They make bad choices.*
 - A. Prov 6:23-29: For the commandment is a lamp and the teaching is light; And reproofs for discipline are the way of life To keep you from the evil woman, From the smooth tongue of the adulteress. Do not desire her beauty in your heart, Nor let her capture you with her eyelids. For on account of a harlot one is reduced to a loaf of bread, And an adulteress hunts for the precious life. Can a man take fire in his bosom And his clothes not be burned? Or can a man walk on hot coals And his feet not be scorched? So is the one who goes in to his neighbor's wife; Whoever touches her will not go unpunished. NASU
10. *They're deceived by the darkness.* Job 24:15: "The eye of the adulterer waits for the twilight, Saying, 'No eye will see me.' And he disguises his face. NASU
11. **All of our sin will be revealed.**
12. *They fail to guard against the appeal of sin.* Sin is appealing. Prov 7:10-18 and it is predatory. Gen 4:7 "If you do well, will not your countenance be lifted up? And if you do not do well, sin is crouching at the door; and its desire is for you, but you must master it."
13. *They fail to recognize the power of the appeal of sin.* The adulterous is pure, prepared, passionate and persuasive.
14. *They fail to see beyond the immediate.* Prov 7:22-23: Suddenly he follows her As an ox goes to the slaughter, Or as one in fetters to the discipline of a fool, Until an arrow pierces through his liver; As a bird hastens to the snare, So he does not know that it will cost him his life.
15. *They fail to see what's obvious.* Prov 7:26-27: For many are the victims she has cast down, and numerous are all her slain. Her house is the way to Sheol, Descending to the chambers of death.

Other Scriptures

Wholeheartedness 2 Chron 16:9 _____

God's Blessing Psalm 103:1-14 _____

Purity Proverbs 22:5 _____

Obedience Ecc 12:13-14 _____

God's Forgiveness Isaiah 1:18-20 _____

Purity Commanded Rom 6:12-14 _____

Instruction 1 Cor 7:2-5 _____

Purity Gal 5:16-18 _____

Love your Wife Eph 5:25-30 _____

Enemy Eph 6:10-12 _____

Pure Thinking Phil 4:8 _____

God's Will 1 Thes 4:3-7 _____

Reliance on Christ Heb 4:12-16 _____

Temptation James 1:13-18 _____

Holiness 1 John 2:6 _____

Other Resources

Personal Holiness in Times of Temptation book - \$14.99 workbook - \$10.95

By: Bruce Wilkinson www.walkthru.org Walk thru the Bible Ministries

Is it possible for a Christian man to stay pure in a world filled with raunchy TV and Internet pornography? Unfortunately, many men secretly believe the answer is "no"! They may look good on the outside, but inside they've given up the struggle against sexual sin. The good news is that God will give us the victory - if we know how to achieve it. In four 30-minute sessions, Dr. Bruce Wilkinson explains how to flee sexual temptation and live a life of sexual and moral victory. The truths he shares will bring hope, joy, and freedom to every man who takes this book and apply it to their life.