

## **Communication in Marriage, Part 3**

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### I. Introduction.

- A. God created male and female very good. (Genesis 1)
- B. From God's standpoint we are very good to him.
- C. Sexuality was ordained for propagation, pleasure and an expression of love.

### II. The purposes for sex.

- A. Propagation of the human race. (Genesis 1:27-28, 9:1, Psalm 127:3)
- B. To promote mutual love. (Genesis 1, Matthew 19:5, Mark 10:7, Ephesians 5:31)
- C. Pleasure.

### III. Marriage is the design pattern for sex.

### IV. Sex is to be enjoyed. (Genesis 18, Genesis 1:28, Proverbs 5:14-19, Song of Solomon 5)

### V. Failing to recognize differences between men and women will hinder a couple's sex life.

- A. Sex is more of a single act for a man and a part of the drama of life for a woman.
- B. Sex is a strong physical drive accompanied with emotional needs. For a woman it is more of a strong emotional drive accompanied by physical needs.
- C. For a man it is more important how often. For a woman it is more important how.
- D. A man is more quick to respond to stimulation. A woman responds more slowly.
- E. A man is more stimulated by seeing. A woman is more stimulated by touch.
- F. A man is more sexual than maternal. A woman is more maternal than sexual.

### VI. We need to be lovers. Men should not rely on patterns—an atmosphere needs to be created.

### VII. Misconceptions.

- A. A climax is not to be reached always—the important thing is to just enjoy one another.
- B. The sex act does not always have to be ecstatic.
- C. Talking about the physical aspect of intimacy is most important.

### VIII. Sex should be an exciting well of life. (Proverbs 5)

### IX. Our bodies were made by God to love our spouses. (1 Corinthians 7)

A. Some need healing in this area.

B. Personal rights are to be shared with one another.

C. We are not to cheat each other of the sexual relationship or we expose the other to the Devil's temptations.

D. We should not punish our spouses by withholding sex even if we do not feel loved. (Matthew 18:7)

X. The amount of sex needs to be determined by the couple.

XI. Most sex problems are spiritual problems because selfishness lies behind them all.

XII. Love play.

XIII. Conclusion. (1 Corinthians 13)

**Application questions:**

1. Why did God create sex?

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2. How can Christians stigmatize sex too much? What is a healthy corrective?

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3. How can a knowledge of the differences practically help us in sex? Explain.

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