The Essentials of Godly Living Jerry Bridges

I. Introduction.

- A. Text: Genesis 5:1ff, 3-20.
- B. Notably, the only thing that the Bible says about these men for six generations is that they lived, had children and died.
- C. The pattern breaks for Enoch- it states that he walked with God and then was taken away. (Genesis 5:21ff)
- II. Walking with God means to live a life in close, personal communion with God.
 - A. Enoch was an ordinary human being with no distinctive role in society. If he can walk with God, so can we.
 - B. Here are five essentials to walking to God.
 - 1. We must come to God through the person of Jesus Christ. (Hebrews 10:19, 9:7)
 - a) Before Jesus, only the high priest could approach the presence of God, and only once a year and with the sacrificial blood of the sin offering.
 - b) Any one of us can come boldly into God's presence at any time through Jesus' blood.
 - c) We try to come into the presence of God based on our personal performancethis is what often affects our confidence. We are accepted based on Jesus' performance. (Ephesians 1:6)
 - 2. We need to come to the place that we enjoy God. (Psalm 27:4)
 - 3. We must continually meditate on the Word of God and delights in it. (Psalm 1:1-2)
 - a) When you are free to choose what you think about, what do you think about?
 - b) If we think by default, often it is on negative things. We must actively choose to think about the Word of God.
 - 4. We should pray about the scripture we study and memorize.
 - 5. We must abide in Christ. (John 15:5)
 - a) This means that we must renounce all dependence on our own merit, wisdom, and strength and rely on Christ for all those things.

Application questions:

1. When you can think about whatever you want, what do you think about? How can you develor a habit of meditating on scripture in your mental free time?	эp
2. What does it mean to walk with God?	
3. What does enjoying God entail? How can you enjoy God?	