



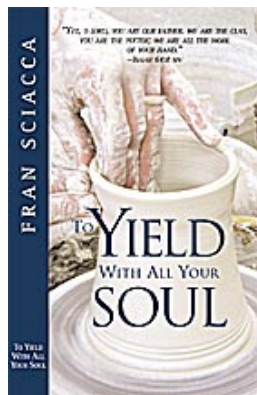
**FRAN SCIACCA** earned an M.A. in systematic theology from Denver Seminary. He is the author of several NavPress Bible study books that together have sold nearly half a million copies. Fran has been interviewed by Dr. James Dobson, and his writing has been featured in *Discipleship Journal*.

Fran and his wife, Jill, are co-authors of the Lifelines Bible study series for students, which won an ECPA Gold Medallion award in 1990.

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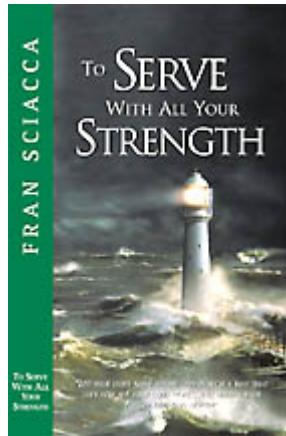
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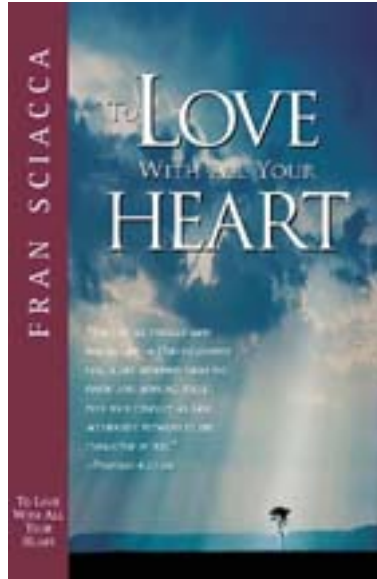
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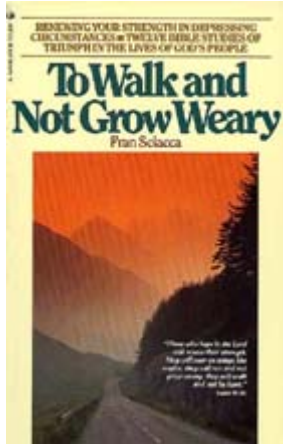
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- David—Dealing with Guilt
- Jesus—How to Handle Rejection
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- Elijah—Changing Our Schedule ([download this lesson](#))

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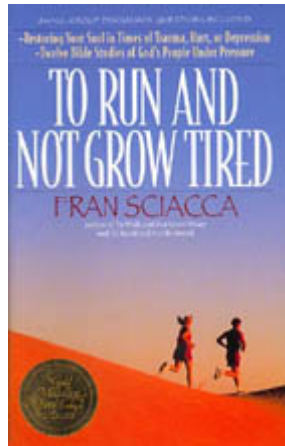
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If you've sustained some inner wounds—and you're not sure how to deal with them - take some time to restore your soul by looking at the lives of men and women who struggled to keep running when they were faced with adversity.

Through 12 Bible characters, *To Run and Not Grow Tired* will help you see how God cares about every problem, and these studies will guide you into His balanced, timely solutions. You'll learn from people like Hannah in "[Coping With Criticism](#)," Paul in "Dealing With Your Past," Sarah in "Misplaced Hope," and Cain in "Self-Pity: A Doorway to Destruction."

So if you want to run the race of faith with passion, let *To Run and Not Grow Tired* help you lay aside the baggage that weighs you down - and fix your eyes on the goal.

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